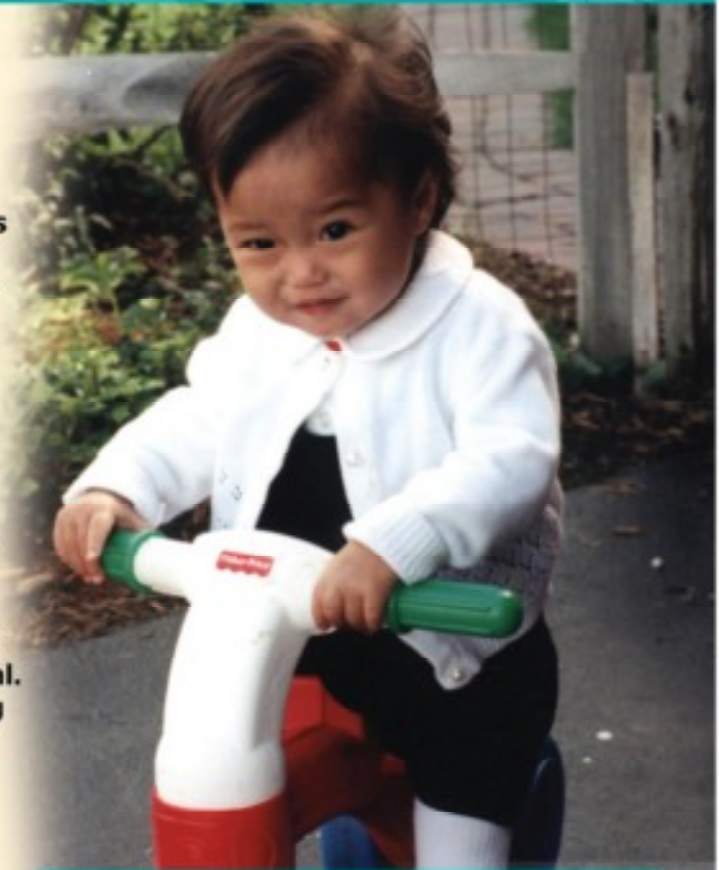


Torticollis

FACTS:

- Torticollis is a tightening of the neck muscles on one side. This causes the head to turn to one side and usually to tilt to one side or the other.
- It may be caused by an injury to the neck muscles during birth, position in the uterus during pregnancy or may be caused by the joining together of neck vertebrae. It can also be caused by lying in one position for long periods of time, causing the muscles to become stiff and tighten.
- Without treatment one side of the head may flatten and cause the face to be asymmetrical. This can also cause the child to avoid looking to one side and can result in not developing skills in that side of his or her body (eyes, hands, etc.).



Torticollis often causes a child to tilt his or her head to one side.



Torticollis can be caused by the way a child lies inside the mom's uterus.